



COME QUICKLY, LORD

May 2014

*But as for me, I am poor and needy; come quickly to me, O God.
You are my help and my deliverer; Lord, do not delay.*

Psalm 70:5

Imagine King David kneeling and pleading for help. Imagine someone as powerful as him openly confessing that he is “poor and needy.”

Are we, like David, honest enough with God about our struggles? Many of us keep our problems to ourselves. Some of us don’t talk to friends and frequently forget to talk to God. We’re too proud to say, “I’m poor and needy.” Sometimes we don’t believe we need help.

Myself? Sometimes, when I journal, I tell God I need Him. But often I try to find a close friend who will understand and have compassion. I long for someone who knows God, a

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friend who has proven that she cares about me. What I want is comfort from another human being, someone who will be God's hands for me.

The trouble is that friends aren't always available. They often have problems of their own and can't focus on us in the way we wish and need. But God is *always* there. We must talk to Him.

You may wonder, especially if you're rather new at this. What should I say to God?

David's prayer will give you a hint. Note how David lays his heart bare, pleads for urgency, and expresses his impatience. That's an example you could follow.

When you have trouble finding the words, you can read psalms like this one and the many others in your Bible. Psalmists like David have written prayers you can use. In David you will find a friend. Someone who understands. An instrument of God.

Never forget God. He hasn't forgotten you. Be honest with him and let him know what you need. You can be sure he'll be listening.

David said, "You are my help and deliverer." He knew that God could be trusted to see him through his crisis. God will be there to see you through yours as well.

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