

ME TOO

In their book *Jesus Wants to Save Christians* () Rob Bell and Don Golden quote Anne Lamott who said that the most powerful sermon in the world is two words: "Me too."

Then they go on to write:

*Me too.
When you are struggling,
when you are hurting,
wounded, limping, doubting,
questioning, barely hanging on,
moments away from another relapse,
and somebody can identify with you -
someone knows the temptations that are at your door,
somebody has felt the pain you are feeling,
when someone can look you in the eyes and say, 'Me too,'
and they actually mean it -
it can save you.*

*When you aren't judged,
or lectured,
or looked down upon,
but somebody demonstrates that they get it,
that they know what it's like,
that you aren't alone,
that's 'me too.'*

And isn't that what Living Room is all about? Isn't that what makes it work so well? Isn't that what makes us like a church? What Jesus intended the church to be?

THE LIVING EUCHARIST

The meaning of Eucharist: Jesus is God's good gift to the world.

His body broken for us.

His blood shed for us.

In 2 Corinthians 4:8-10, Paul said:

"We are hard pressed on every side, but not crushed; perplexed, but not in despair; persecuted, but not abandoned; struck down, but not destroyed. We always carry around in our body the death of Jesus, so that the life of Jesus may also be revealed in our body".

Rob Bell wrote, "A Christian is a living Eucharist, allowing her body to be broken and her blood to be poured out for the healing of the world."

We at *Living Room* do not simply have to be victims of our disorder.

- How can we go outside the walls of this group – these meetings we have – and share what we learn here – to love and to accept others?...to pour out what we have received from God and help heal others?

It goes back to listening to others with empathy and being able to say, "You're not alone," doesn't it?

Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves have received from God. For just as the sufferings of Christ flow over into our lives, so also through Christ our comfort overflows. 2 Corinthians 1:3-5